

Approved health claims for Peptan®

Each table below includes health claims of the official EU list published on 25 May 2012 Collagen, mineral and vitamin dosages must be in line with the requirements of “source of” according to the health claim regulation (regulation 1924/2006)

Condition for collagen: “source of protein” i.e. 12% of energy provided by total protein

The elements below are also in line with the EFSA Guidance 2702 on the scientific requirements for health claims related to bone, joints, skin, and oral health adopted on 25 April 2012.

Any claims made by finish product manufacturers must be checked by their regulatory advisor.

Bone Health

Protein contributes to the maintenance of normal bones

Protein is needed for normal growth and development of bone in children (art. 14)

Health Claims for other ingredients in the same scope

Vitamin C	Contributes to normal collagen formation for the normal function of bones
Calcium	Is needed for the maintenance of normal bones
Magnesium, Manganese, Phosphorus, Zinc, Vitamins D and K	Contributes to the maintenance of normal bones
Vitamin D	Contributes to normal development of bones and teeth
Vitamin D	May reduce the risk of falling (falling is a risk factor for bone fractures)

Joint Health

NO specific claims for Peptan but to be used with other ingredients with health claims

Vitamin C	Contributes to normal collagen formation for the normal function of cartilage
Copper	Contributes to maintenance of normal connective tissues

Muscle Mass and Physical activity

Protein contributes to growth in muscle mass

Protein contributes to the maintenance of muscle mass

Health Claims for other ingredients in the same scope

Magnesium	Contributes to normal muscle function
Vitamin D	Contributes to the maintenance of normal muscle function
Carbohydrate-electrolytes	Enhance the absorption of water during physical exercise (specific conditions)
Creatine	Increases physical performance in successive bursts of short-term, high intensity exercise (3g)
Creatine	Enhances the effect of resistance training on muscle strength in adults over the age of 55
Vitamin C	Contributes to maintain the normal function of the immune system during and after intense physical exercise (200mg)

Skin Health & Skin Beauty

Health Claims for other ingredients

Vitamin C	Contributes to normal collagen formation for the normal function of skin
Copper	Contributes to maintenance of normal connective tissues
Biotin, Iodine, Niacin, Riboflavin, Zinc	Contributes to the maintenance of normal skin
Vitamin E	Contributes to the protection of cells from oxidative stress

Not approved health claim but possibility of “beauty claim”

Example claims given below, each claim must be checked in line with EFSA Guidance 2702 and by customers’ regulatory advisor:

Enhances skin beauty

Contributes to the maintenance of skin elasticity / hydration

May help to fight against the visible signs of skin ageing.

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